

fREE!! New Zealand vs South Africa Live Stream

The Springboks vs All Blacks 2nd Test promises to be another cracker, as South Africa captain Siya Kolisi ESPN!~Springboks vs NZ All Blacks live Free round-by-round updates ESPN!~Springboks vs NZ All Blacks live Free round-by-round updates returns from injury to lead his country in Rugby's Greatest Rivalry. After New Zealand triumphed 33-16 in Johannesburg last Saturday, the hosts cannot afford to lose if they are to retain any hope of winning the four-match series.



Springboks head coach Rassie Erasmus left it late before confirming that inspirational skipper Kolisi would feature following his recovery from a hamstring injury. Pieter-Steph du Toit had been provisionally announced as captain, with the flanker set to make his 100th Test appearance in Cape Town.

Kolisi is one of four changes to the South Africa XV, with fellow two-time World Cup winner Handre Pollard recalled at fly-half, while Ethan Hooker and Cobus Reinach start at wing and scrum-half respectively. The four players to drop out are injured duo Cheslin Kolbe and Grant Williams, Paul de Villiers and Sacha Feinberg-Mngomezulu, who struggled at fly-half in the first Test.

New Zealand capitalised on the 24-year-old's difficult afternoon and ran in five tries at Ellis Park, with prolific wing Will Jordan crossing twice to take his Test tally to 53. Fellow wing Josh Moorby also scored a try but drops out of the XV, as Leroy Carter steps up. Head coach Dave Rennie has made two further changes, with George Bower and Simon Parker replacing forwards Ethan de Groot and Josh Lord, who are both still undergoing Head Injury Assessment (HIA) protocols.

The All Blacks are playing at DHL Stadium for just the second time, having lost the previous meeting here 18-12 in 2024, but have a good record against South Africa in Cape Town, winning on seven of their 11 visits.

Read on as we explain how to watch Springboks vs All Blacks for free in Rugby's Greatest Rivalry 2026.

Yes. The 2nd South Africa vs New Zealand Test is being shown on free-to-air RugbyPass TV in the US.

The game will also be available to watch for free on ThreeNow in New Zealand on tape-delay at 11am NZST on Sunday.

Traveling abroad right now? You can use a VPN to watch South Africa vs New Zealand for free as if you were right at home.

A VPN is a handy piece of software that can make your device appear as if it's back in your home country and unlock your usual **Streaming** services. The best VPN right now? We recommend NordVPN – it does everything and comes with up to 75% off.

The 2nd Test between the Springboks and All Blacks is available to live **Stream** for FREE on Ruggypass TV in the US.

RugbyPass TV has live coverage of a range of international rugby, including Rugby's Greatest Rivalry and the Nations Championship, plus on-demand content including full game replays, classic matches and documentaries.

Outside of the US? Use a VPN while you're traveling away from home to unlock your **Stream**.

Fans in Canada can watch the Springboks vs All Blacks 2nd Test on Premier Sports .

A monthly pass costs CA\$29.99. You'll need either the CA\$79.99 six-month pass or the CA\$139.99/year annual subscription to tune into the whole tournament.

If you're out of Canada but still want to catch the action, explore the VPN route set out above, which will help you access your accounts from anywhere.

The scheduled Springboks vs All Blacks kick-off time on Saturday, August 29 is 5.10pm SAST local time in Johannesburg, which is 8.10am PT / 11.10am ET / 4.10pm BST.

That's 1.10am AEST / 3.10am NZST on Sunday, August 30 in Australia and New Zealand.